

THE CATHOLIC COMMUNITY OF

NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

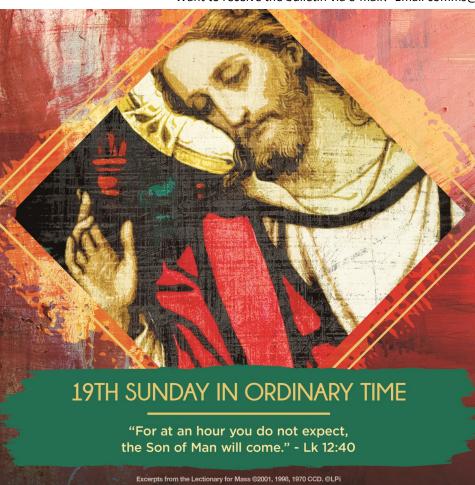
10 AUG 2025 YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay



Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



1st Reading

Wisdom 18:6-9
In the destruction of their foes,
God called them and made them glorious.

RESPONSORIAL PSALM

Ps 32:1. 12. 18-20. 22. R. v.12 Happy the people the Lord has chosen to be his own.

2ND READING

Hebrews 11:1-2, 8-19 *The power of faith.*

GOSPEL ACCLAMATION

Matthew 24:42.44
Alleluia, alleluia!
Be watchful and ready:
You know not when the Son of Man is
coming. Alleluia!

GOSPEL

Luke 12:32-48
Be as servants, wide awake at the return
of their master.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

RECONCILIATION:

Saturday, 5.00 to 5.45pm Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month during the school term.

WEDDING:

Require six months notice and include Pre-Marriage Course as part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday, 8.30am Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

* Adoration to the Blessed Sacrament after Mass on Fridays.

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

Baptism Preparation is required for first baptisms. Contact Parish Office for more details. Thank you.

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH

- OFFICE@NHCATHOLIC.ORG.AU
 2 KING STREET, MANLY VALE 2093 NSW
- ₩WW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- (02) 9949 4455



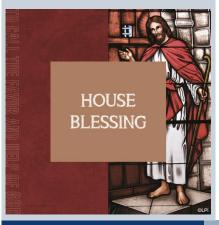
DEVOTIONS, EXPLAINEDCatholic Life Explained

House Blessing, explained!

Catholics who move to a new place of residence often wish to have their dwelling blessed, to call the favour and help of God upon all those who live in the house and all those who will enter it.

The Roman Ritual (Book of Blessings) provides two formats for house blessings: one during the Easter or Christmas season (specifically for the Epiphany) and one for Ordinary Time. Those who live in the home must be present for a house to be blessed. A priest, deacon or lay person can administer the blessing, although if a lay person does so they must use the rites accorded to lay ministers in the Roman Ritual.

A house blessing includes Scripture readings, intercessions and a prayer of blessing. ©LPi



BRINGING HOME THE GOSPEL

If asked where my treasure lies, without a doubt I would say my family. Probably my biggest regret is not having spent enough time with each of my children. Now that they are grown and busy with their own lives, I regret those lost moments.

I learned the phrase *tempus fugit* in high school Latin class but never really understood its meaning until I reached middle age. Now I know how quickly "time flies." Toddlers become teenagers and, before you know it, you are celebrating a grandson's First Communion.

Time is a precious commodity, not anything to be squandered on "to do" lists. At its best, it is a gift that's meant to be generously shared with those we love. I remember the busyness of family life. It takes so much time to cook and clean, shop and do laundry, take care of the yard, attend footy games, and on and on. There are only twenty-four hours in a day, eight of those spent at work or school, and of course we have to sleep.

It is so easy to let the days slip by with no time to play. But scientists tell us that play is an essential part of a healthy life, even for adults. Playing together as a family teaches us how to interact and develop relationships of trust and mutuality. We can learn to communicate in comfortable, informal settings. Play can even help us let go of aggressive tendencies. And it is a great way to relieve stress.

Try reclaiming Sunday as family day. After church, spend a few hours playing together. Fly a kite, toss a Frisbee or just sit home and play some board games. Sunday may seem the only day to get the laundry or shopping done, but try to rethink your weekly schedule. Spending Sunday with your family is a great way of keeping the

Sabbath holy and honouring the Lord.

FAMILY RESPONSE:

Plan something fun to do for the whole family next Sunday. Ask everyone for suggestions.

PERSONAL RESPONSE:

What fun things do you like to do with your family? What keeps you from doing them?

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WEEKLY SOCIAL JUSTICE CHALLENGES

Pope Paul the VI said "If you want peace, work for justice." In a world that has wars, terrorism, violence, and fear, the Christ-like way to fix it is to be people of peace. This only happens when we work for justice. When everyone has enough food, decent shelter, hopes for an education,

meaningful work, and healthcare, then justice will be the norm. Many people have given their lives to the work of justice in the world. Your challenge this week is to do a Google or other internet search of people who work for justice. You may find names of people you have heard of and many you have not. Take time to learn about justice and peace workers this week. Keep as a role model or mentor someone you discovered in your search. Share

their story and keep their dream alive.



"From everyone to whom much has been given, much will be required; and from the one to whom much has been entrusted, even more will be demanded." —Luke 12:48

Pope Francis' encyclical on the environment adopts Jesus' teaching here. He quotes the bishops in Bolivia who state, "the countries which have benefited from a high degree of industrialisation, at the cost of enormous emissions of greenhouse gases, have a greater responsibility for providing a solution to the problems they have caused" (*Laudato Si'* #170). Who can you lobby this week to reduce greenhouse gases on a large scale? Your town's electric provider? A legislative leader who might be considering some emissions regulations? A national leader in the midst of debates about renewable power? Write a letter, send an email, make a phone call, or make your voice heard somehow this week. (https://www.aph.gov.au/Senators_and_Members/Parliamentarian_Search_Results? q=&mem=1&par=-1&gen=0&ps=0)

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PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange the receiving sacraments, contact Parish Office.

SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS: PARISH OFFICE—9949 4455

AFTER HOURS: (Evenings & Weekends) 0490 898 464



Leilani Charlotte Smith daughter of Nicholas & Lauren

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Odette James, Greg Hyde, Joyce Arnold,

Peter and Jan Van de Velde, Cecilia Yeung

RECENTLY DECEASED:

Jacky Worthington

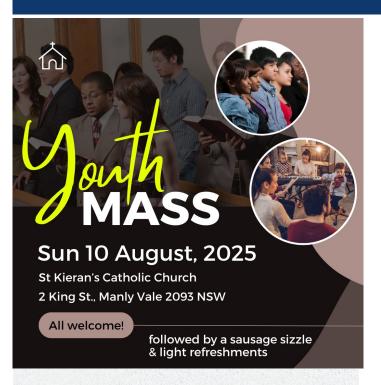
ANNIVERSARIES:

Peter Chang, Kitty Walsh, Pat Moi Ngeow, Bill O"Sullivan Catherine Ewing

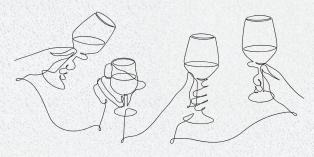
Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au

PARISH & DIOCESAN NEWS AND NOTICES



RCIA Wine and Cheese **Information Night**



Come along to learn about the Catholic faith and hear about our program for Adult Baptism or becoming part of the Catholic Church. Feel free to look and see—no obligation, and there's no need to bring anything.

7pm Thursday 21st August, St Kieran's Parish Centre

RSVP Ursula on 0450 101 767 or families@nhcatholic.org.au



Solemnity of the Assumption of the Blessed Virgin Mary

This feast commemorates the belief that Mary, the mother of Jesus, was assumed body and soul into heaven at the end of her earthly life. It is a holy day of obligation celebrating Mary's unique role in salvation history and her exemplary faith and devotion.

Friday 15 August **Mass Times:**

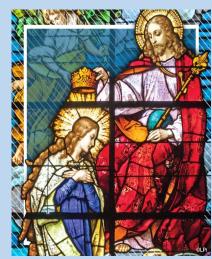
St Kieran's:

8.30am; 10am (School

Mass); 7pm

St Cecilia's:

12.30pm (School Mass)

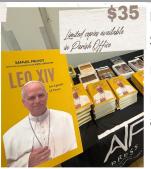


Introduction to Pastoral Care Course

Volunteer Catholic Extraordinary Ministers of Holy Communion visit hospitals throughout the Diocese of Broken Bay providing comfort and care to Catholic patients. Our Diocese and NSW Health require that 40 hours of training is completed to perform this important role. The *Introduction* to Pastoral Care Course (IPCC) meets this requirement, is **FREE** and is open to those who already volunteer in a hospital context, or in local health and aged care facilities, and to those who might be deciding if they are suited to this ministry. For more information and how to apply, or contact Peter Brown, Practice Manager Hospital Chaplaincy and

Pastoral Care, Catholic Care Diocese of Broken Bay on 0418 616 602.





Book on Pope Leo (hard copy) \$35 each

For sale at St Kieran's Parish Office Limited stock available

PARISH & DIOCESAN NEWS AND NOTICES

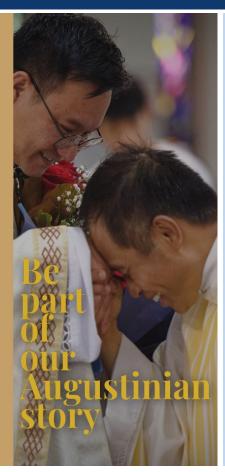
If you feel God calling you to something more, contact our Vocations Director for a chat.

We are here to help you discern where God is calling you, so that you can be all God created you to be.

CONTACT US

Scan the OR code below, visit our website at **osa.org.au** or email Fr Saldie at saldie.resolado.osa.org.au





Welcome Caroline to the Parish Team!

Hello Everyone,

My name is Caroline Ng and I am the new Media and Communications Coordinator in our parish. I am honoured to be able to serve you and share all the great things God is blessing us with.

Please feel free to reach out if there's something you'd like shared in our community.

I look forward to helping us stay connected as we grow in love and faith together.

God bless,

Caroline

Prayer for Vocations

Let us pray to the Lord of the harvest, who calls men and women to serve Him in love, that they may know their vocation and live it.

All glory and praise are yours, God of truth and light of our hearts, for you guide people in the ways of holiness.

Help those who follow in the footsteps of Augustine

to seek you through mutual love and worship and to be servants of your Church as examples that others may follow.

Enlighten men and women to see the beauty of community life in the spirit of Saint Augustine, and strengthen them in your service so that the work you have begun in them may be brought to fulfilment.

We ask this through Christ, Our Lord.
Amen.



Afternoon
Tea with
Friends of

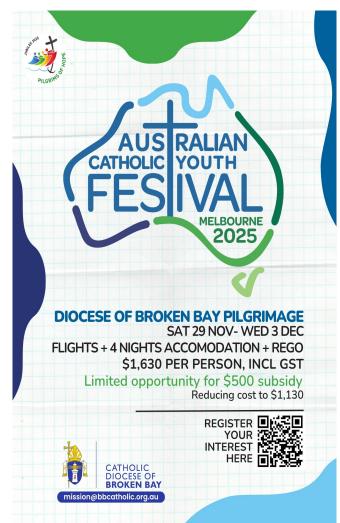
Augustine



This year we will be celebrating twenty-five years since the first group of "Friends of Augustine" began meeting in this way.

We will discover the relevance
St. Augustine brings to the living out of our individual journeys through life. Come and enjoy the company of other kindred spirits who have found Augustine to be their mentor and friend.

Please join us on Sunday 24 August at 2pm, St Kieran's Parish Centre.



PRAISE & PLAY

M	В	S	Z	K	Н	Н	W	W	L	Α	М	Р	S	V
С	Α	W	Н	Υ	Z	Υ	Z	0	N	I	G	Н	Т	Т
Χ	Z	Υ	В	S	Α	0	W	F	R	Α	Υ	N	S	Α
F	Υ	R	I	J	J	J	L	J	Т	D	J	R	Z	W
R	Υ	Α	Α	Α	Α	В	D	Т	Р	G	Р	Ε	Н	Ε
L	J	I	Ε	Р	S	U	Q	W	Н	S	U	Т	0	D
I	Υ	S	Q	Р	Q	Е	W	В	J	Ε	М	U	М	D
F	F	0	R	Т	U	Ν	Α	Т	Е	R	Α	R	Е	I
Р	M	V	F	С	В	K	W	С	R	V	S	N	J	Ν
K	Α	Χ	Α	U	J	Q	Χ	Е	Α	Α	Т	Υ	Т	G
I	J	Т	Υ	М	Т	Т	F	V	Χ	N	Е	0	Н	С
Z	W	U	N	Q	М	Υ	R	R	Α	Т	R	N	I	G
L	Х	N	Н	R	Ε	Α	D	Υ	Α	S	L	М	Е	U
I	0	W	U	Υ	R	М	0	R	N	I	N	G	F	Z
1	F	Н	0	L	G	1	V	Α	W	Α	Κ	Е	N	М

WORD SEARCH

Be watchful and be ready for the Lord's return.

TRY TO FIND THESE WORDS:

awake fortunate home

lamps

master

morning night

ready return

servants

thief

wedding

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Sharing the Gospel

Talk to God in prayer every day. Tell him when you are afraid. Tell him when you are happy. Tell him that you love him. Obey his commandments. Be a light to others. Show them by your shining example how to be a Christian. Feed the hungry. Give drink to the thirsty. Give clothes to the needy. Forgive yourself and others. When Jesus, the Son of Man comes to get you, you will be ready.

Prayer

Lord, help me be a shining example to others.

Mission

I will give clothing I have outgrown that is still good to the needy.

©LPi







Lord, hear me and have mercy. Lord, my God, You are the light of the blind and the strength of the weak, as well as the light of the sighted and the strength of the powerful. Attend to my soul, and hear the one crying from the depths.

Confessions 11, 2 - St. Augustine of Hippo

NEXT WEEKEND (17 AUGUST 2025): 20TH SUNDAY IN ORDINARY TIME, YEAR C

1st Reading

Jeremiah 38:4-6. 8-10 King Zedekiah saves Jeremiah from the well.

RESPONSORIAL PSALM

Ps 39:2-4. 18. R. v.14 Lord, come to my aid!

2ND READING

Hebrews 12:1-4 Keep your eyes fixed on Jesus.

GOSPEL ACCLAMATION

Iohn 10:27 Alleluia, alleluia! My sheep listen to my voice, says the Lord; I know them, and they follow me. Alleluia!

GOSPEL

Luke 12:49-53 Jesus tells his disciples he has come for division.

ST KIERAN'S

Senior Server Stephen Rush

Readers

Elizabth Anne Terry Ric (R)

Music

Filipino Choir

Communion Min Volunteer needed

Powerpoint Volunteer needed

Welcomers Volunteers neede

16 AUG, 5.30PM 17 AUG, 7.30AM ST KIERAN'S

> Senior Server Michael

> > McMahon Readers Elsie Jenny

Communion Min

Andrew (R)

Volunteer needed Powerpoint Volunteer needed

Welcomers Volunteers needed 17 AUG, 9AM ST CECILIA'S

Senior Server Ian

> Readers Phil M Sandra

Music The Conmen

Communion Min Volunteer needed

Powerpoint Volunteer needed

Welcomers Volunteers needed 17 AUG, 9.30AM ST KIERAN'S

Senior Server

Adrian Mayo Readers

Dale Fatima Cathie B (R)

Music Caroline Ng

Communion Min Volunteer needed

Powerpoint Volunteer needed

Welcomers Volunteers needed 17 AUG, 5PM ST KIERAN'S

Senior Server

Edelvine

Readers Rodnev Io Christine (R)

Music Sam Browne

Communion Min Volunteer needed

Powerpoint Volunteer needed

Welcomers Volunteers needed

OBSERVANCES FOR THE WEEK OF 10 AUGUST

Mon 11 Aug: St Clare, virgin

Tue 12 Aug: Tuesday of the 19th Week in Ordinary Time, Year 1 Wed 13 Aug: Wednesday of the 19th Week in Ordinary Time, Year 1

Thu 14 Aug: St Maximilian Mary Kolbe, priest, martyr Fri 15 Aug: The Assumption of the Blessed Virgin Mary

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

2 King Street, MANLY VALE 2093 NSW AUSTRALIA **Parish Office**

P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches Wanganella St and White St, Balgowlah 2093 NSW Church of St Cecilia

Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au

Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au

Bookkeeper: Valerie Buono **E** accounts@nhcatholic.org.au (Tue, Wed) Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)

Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au

Media & Communications: Caroline Ng E comms@nhcatholic.org.au Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au

Resident Priests

> Fr Peter Jones, OSA **E** peter.jones@osa.org.au (Prior Provincial) Fr Paul Maloney, OSA **E** paulmal@bigpond.com (Retired) Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired)

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Acting Principal: Mr Luke Moxon



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CATHOLIC SCHOOLS BROKEN BAY Co-educational pathways K - 12

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North Harbour







You can now donate for North Harbour Parish Clergy and Parish Funds AND to support Pastoral Works Broken Bay (PWBB) Appeals, using the Parish Giving Broken Bay App. Thank you for your generosity.

To support our Parish and our Diocese, please scan the QR code, download the Parish Giving Broken Bay App, sign in and become a regular donor. Alternatively, visit: brokenbay.goodgiving.com.au/home/brokenbay